



Reading For Pleasure Not Only Makes You Smarter But It Helps You Do Better At Exams!!!

Professor Alice Sullivan has been studying the reading habits and vocabulary skills of over 9,800 people for the past 42 years, this is what she has found...

“We discovered that those who read books often at age 10 and more than once a week at age 16 gained higher test results at age 16 than those who read less regularly. In other words, reading for pleasure was linked to greater intellectual progress both for vocabulary, spelling and mathematics. And reading for pleasure made a very substantial difference - around 4 times greater than the difference made by having a parent with a degree compared to having parents with no qualifications.”

The recommendations from this study (and from your librarians) is to READ!!! Read as much as possible, from lots of different genres and in lots of different formats, just read and have fun and be smarter!

