



Make a difference

Care for those
who need it most

Why do some people have emotional
or psychological difficulties?

How can you help?

► www.essex.ac.uk/cps/ug

Put theory into practice

BA Therapeutic Care in our Centre for Psychoanalytic Studies lets you learn about people. Why do they behave in certain ways? What are their personalities and relationships like? Why do they have difficulties? How are they being helped and are there new ways that will make a difference?

Our senior clinicians and world-class scholars teach you about psychodynamic thinking, that is, a thorough understanding of what makes people tick, why they can sometimes act in bizarre and irrational ways, and what the emotional and interpersonal factors between people are that can lead to problems.

Our teaching blends academic rigour with clinical experience and expertise as you are taught by lecturers who have years of experience working directly with troubled individuals and groups in specialist settings. This means they draw upon academic traditions, the latest research in the field of psychoanalytic studies, and years of clinical experience as teachers, psychotherapists, and therapeutic community practitioners.

We lay the foundations for your career through observational and work placements, putting theory into practice and helping you get an idea of the role you want. With a balance of theoretical understanding and practical experience that employers are looking for, you will stand out from the crowd.

So, whether you want to work with troubled infants in the nursery, children with emotional and behavioural difficulties in schools or children's homes, adults in social care and mental health settings, the elderly or those with learning difficulties, we will equip you with the knowledge, skills and competencies you need. The programme covers a broad foundational base along with opportunities to study your chosen practice area in greater depth, for example:

- Child, adolescent and adult development
- Attachment Theory
- Working with groups
- Psychodynamic counselling
- Anxiety and depression
- Trauma and violence
- Psychosis
- Eating Disorders
- Looked after children
- Creating effective learning environments
- Organisational dynamics and system theory
- Therapeutic communities
- Psychodynamic interventions in non-clinical settings

Our Centre

We are ranked top in the UK for research, with 94% student satisfaction (National Student Survey 2014) and 80% of our undergraduates moving on to post-graduate study or employment. Our researchers are recognised internationally for their work in the role of the unconscious mind in mental health, as well as in culture and society generally.

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